

LEAD BEYOND HORIZONS

LIFT Mentoring

Guidance. Growth. Greater Leadership Capacity.

A premium mentoring programme for leaders seeking wise counsel, strategic perspective, practical support, and sustained growth across the year.

FORMAT	DURATION	AUDIENCE	INCLUDES
Premium one-to-one mentoring	Flexible pathway	Aspiring, middle, and senior leaders	Mentoring conversations, reflection tools, and practical next-step support

Why this programme

Leadership can be rewarding, but it is also demanding, exposed, and often lonely.

School leaders are expected to think strategically, solve operational problems quickly, lead people well, manage conflict wisely, and stay steady under pressure.

LIFT Mentoring creates a trusted space to pause, think, test ideas, and draw on experienced guidance. It helps leaders respond with greater clarity, perspective, confidence, and sustainability over time.

This is purposeful mentoring for leaders who want to grow, lead well, and keep improving in complex school environments.

Leaders are often carrying

- Operational pressure - day-to-day demands and constant decisions
- Strategic pressure - improvement, alignment, and direction
- People pressure - conflict, morale, performance, and culture
- Personal pressure - wellbeing, confidence, and resilience

Mentoring helps leaders think more clearly through all four.

Why mentoring matters, how it works, and how leaders benefit

Why mentoring matters

- Strengthens leadership capacity and decision-making
- Builds confidence, resilience, and stress-management capability
- Improves team performance, morale, and adaptability
- Helps leaders move from reaction to wise action
- Creates a cycle of growth as leaders develop others
- *Research and practitioner literature consistently link mentoring with stronger leadership development, confidence, and career satisfaction.*

Areas of focus

- Strategic vision and decision-making
- Building high-performing teams
- Conflict resolution and resilience
- Career mapping, performance, and leadership presence
- Leading change and difficult conversations
- Sustaining leadership wellbeing

Programme structure

SESSION	FOCUS
Session 1: Clarify the leadership challenge	Identify the priority issue, explore the current reality, and clarify what wise leadership progress would look like.
Session 2: Deepen insight and options	Test assumptions, strengthen perspective, consider people and system factors, and explore practical pathways forward.
Session 3: Commit to action and growth	Refine the next steps, strengthen accountability, and identify how leadership habits and impact can be sustained.

For extended mentoring pathways, these conversations continue across multiple sessions to support deeper reflection, implementation, accountability, and long-term growth.

<p>Leaders will leave with</p> <ul style="list-style-type: none"> • Greater clarity and confidence • Stronger judgement and perspective • Improved self-awareness and resilience • Actionable next steps for real leadership challenges 	<p>How schools can use this programme</p> <p>Emerging leaders - build confidence, reflective habits, and presence.</p> <p>Middle and senior leaders - navigate complexity and sharpen decision-making.</p> <p>Leadership under pressure - provide wise support through change, conflict, or demanding seasons.</p>
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Mentoring investment

PATHWAY	SESSIONS	WHAT IT INCLUDES	INVESTMENT PER PERSON
Single mentoring session	1	A focused mentoring conversation around one current leadership priority.	A\$495
Annual mentoring pathway	10 monthly	75-minute mentoring sessions across the year for sustained growth, challenge, reflection, and accountability.	A\$4,250

"A mentor empowers a person to see a possible future and believe it can be obtained."

- Shawn Hitchcock, author of The Mentor's Guide

Reflective. Personalised. Growth-focused. Ready for the real challenges of leadership.

To learn more or discuss this programme:

hello@leadbeyondhorizons.com.au | +61 425 146 740 | www.leadbeyondhorizons.com.au |